

## ***Return to Voluntary Conditioning Acknowledgment Form***

Richmond County Board of Education  
Return to Voluntary Conditioning Guidelines

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As an athlete within the Richmond County School System, as defined by the Georgia High School Association, I have received notice that I may return to voluntary conditioning activities beginning Monday, June 8, 2020. I understand the Richmond County Board of Education seeks to ensure a safe environment for conditioning activities and that guidelines were prepared by the Georgia High School Association to govern this voluntary return to conditioning.

To prepare for a safe return to voluntary conditioning, I have read and understand the expectations set forth in the **Infectious Disease Plan for COVID-19, developed by the Governor's office, CDC and GHSA** and the additional expectations set forth in the **GHSA Workout Questionnaire**. Furthermore, I understand there will be utilized daily a **COVID-19 Coach/Athlete Monitoring Form** to assist in monitoring whether I exhibit any symptoms of the COVID-19 virus or have experienced a high risk of potential exposure. Additionally, I have had the opportunity to ask questions and receive answers concerning the guidelines.

Therefore, having read the documents mentioned above, and having been given the opportunity to ask questions regarding the guidelines, I agree to the best of my ability to follow these guidelines as I participate in voluntary conditioning activities so as to assist in maintaining a safe environment for all athletes and supervisors participating in the voluntary conditioning activities.

### **Release and Acknowledgement:**

Coaches, employees, and other designated individuals supervising these voluntary athletic conditioning activities are expected to use their training, personal judgment, and discretion. Nothing herein shall create any ministerial act to be performed.

In accordance with state law, no person shall have a cause of action for any loss or damage caused by any act or omission resulting from the implementation of this document and acknowledgement form, or its implementing procedures or resulting from any training, or lack thereof, required by state law. The training, or lack thereof, required by the provisions of state law shall not be construed to impose any specific duty of care. Neither the training nor the procedures are designed to impose ministerial duties but to provide a framework in which educators can exercise their professional judgment in the best interest of students.

In consideration of the Richmond County Board of Education allowing the return to voluntary conditioning activities, I understand that conditioning activities, as well as the existence of the COVID-19 virus, include certain inherent risks that have the potential to cause severe injury or death, including, but not limited to, those risks created by nature of the activity, acts of nature, the natural environment, equipment failure and/or malfunction, as well as the negligence of myself or another. Understanding these risks, I am assuming the risk of participating in these voluntary conditioning activities and to the extent allowed by law, hereby agree to indemnify, hold harmless, release, waive and discharge the Richmond County Board of Education, its Trustees, Employees, and Agents from and against any and all claims, demands, causes of actions, penalties, losses or damages, of any kind or nature including injury or death to persons and damage to property, based upon, resulting from, arising out of, or in any way incident to or related to the above referenced voluntary conditioning activities.

Signature: \_\_\_\_\_

(Parent, Student Younger than 18) (Student, if 18 or older)

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_